



Dreams are a doorway to other aspects of Soul in Its natural state.

Soul has the ability to move back and forth from the physical world to higher planes, and It can learn to do this at will. Beginning in the dream state It can move into a higher, more alert, more aware state of consciousness we call Soul Travel.

Soul Travel is simply opening your heart to God's love and being able to ride on that wave.

— Harold Klemp,
The Awakened Heart, p.71

Attend these fascinating opportunities for spiritual discussion for people of all faiths:

***How God Speaks to You
Through Past Lives, Dreams, and Soul Travel***

Friday, 7:30-9:00 p.m.

***Workshop
Keys to Secret Worlds***

Saturday, 10:00-11:30 a.m.

Spiritual Wisdom Fair

Saturday, 2:15-4:15 p.m.

Presented by Eckankar of Missouri
ECKANKAR, Religion of the Light and Sound of God.

ECKANKAR presents:

***Dreams and
Soul Travel:
Keys to Healing, Joy,
and Inner Peace***



**2012 Missouri ECKANKAR
Regional Seminar**

Marriott St. Louis Airport
10700 Pear Tree Lane
St. Louis, MO 63134

February 17-19, 2012



Guest Speaker: Arlene Forbes

Arlene Forbes is a member of the Eckankar Clergy and works at the Eckankar Spiritual Center. For 28 years she was a registered nurse with a specialty in geriatric care. Arlene has been a speaker and performer at numerous Eckankar seminars in the United States and Canada. She has two grown children and lives in Minneapolis with her husband Aubrey.

Free to the public.

For more information about Eckankar call:
1-800-LOVE GOD or visit www.Eckankar.org
To listen to the HU visit www.hearHU.org
For seminar information call: (636) 527-7253.

About this Seminar...

Many things occur in the dream state besides giving people a spiritual education. The Dream Master may pass along health tips through dream symbols.

---Harold Klemp
Past Lives, Dreams, and Soul Travel, p. 92

➤ **Special Guest Speaker: Arlene Forbes**

We look forward to hearing her talks: *Dreams and Soul Travel: Keys to Healing, Joy, and Inner Peace* and *Finding Wisdom From The Heart*.

➤ **Featured Panel Saturday Evening**

How to Live the Spiritual Life Every Day

Aubrey Forbes, Building and Grounds Manager for Eckankar, Margie Mende, RESA for Missouri and Arkansas, Julie Olson, RESA for Iowa

➤ **A Special Event for ECK members**

Soul Travel to Temples of Golden Wisdom

Saturday, 10:00 - 11:30 a.m. Workshop for ECK members.

Facilitators: Arlene and Aubrey Forbes

- Explore ways to prepare for the new "Golden Age in ECK" at a Temple of Golden Wisdom
- Tap into the wisdom and knowledge of the last great frontier—our inner worlds
- Soul Travel in full consciousness and share your stories

➤ **Spiritual Wisdom Fair, Saturday, 2:15-4:15 p.m.**

Explore the spiritual wisdom already within you. Come share your spiritual experiences and insights in the company of like-hearted individuals. **Drop in or stay all afternoon.**

- *Getting Practical Guidance from Your Dreams*
- *Exploring Past Lives to Resolve Relationships*
- *Soul Travel: Joyful Journey of Soul*
- *Did I Have a Spiritual Experience?*
- *Forgiveness – Leave the Baggage Behind*
- *How God Speaks to You Through Light and Sound*
- *Looking For Inner Peace? Experience HU*

➤ **Special ECK Youth Program**

Come experience spiritual learning opportunities. A full program of spiritually rewarding—and fun—activities await youth **ages 5-13. All sessions run concurrent to the main program beginning with the Saturday afternoon session.**

- Discussions
- Music
- Arts and crafts

➤ **Buffet Dinner Saturday Evening**

A buffet dinner is available for all attendees Saturday evening. **If you will attend the dinner you must pre-register and send \$32 per person (includes tax and gratuity) with your seminar registration form. Not available at the door.**

Preview Schedule

Friday, February 17

6:30 – 7:15 p.m.

7:30 – 9:00 p.m.

7:30 – 8:30 p.m.

Saturday, February 18

8:00 a.m. – 7:00 p.m.

9:00 a.m. – 9:30 a.m.

10:00 – 11:30 a.m.

10:00 – 11:30 a.m.

11:30 a.m. – 1:00 p.m.

1:00 p.m. – 4:00 p.m.

4:15 – 6:30 p.m.

Buffet dinner is available with pre-registration for \$32

6:30 – 9:00 p.m.

9:00 – 10:00 p.m.

Sunday, February 19

8:00 a.m. – 8:30 a.m.

8:30 – 9:00 a.m.

9:00 – 11:30 a.m.

Volunteer meeting

How God Speaks to You through Past Lives, Dreams, and Soul Travel

Roundtables for members

Registration

HU Chant

Keys to Secret Worlds

**Advanced Workshop
(for Eckankar members)**

Lunch Break

Main Program/Spiritual Wisdom Fair

Dinner

Main Program/Guest Speaker

Fellowship Social

Community HU Song

Registration

Roundtable Discussion

Main Program/Guest Speaker

Note: Cutoff Date to make reservations for the Marriott Hotel to get the Group rate is 5:00 pm, Friday, January 27

The seminar will take place at the Marriott St. Louis Airport, 10700 Pear Tree Lane, St. Louis, 63134. This is off of Interstate I-70 at exit 236.

For hotel reservations call (314) 423-9700 or (800) 228-9290 and ask for the Missouri Satsang Society/ECKANKAR of Missouri group rate (\$79.00 plus tax).

Pre-Registration Form

Name: _____

Address: _____

City/State: _____ Zip: _____

Phone: _____ I'd like to volunteer: _____

Additional Family Members: _____ Ages (If under 21): _____

Requested Seminar Donations:

No Donation is requested for guests.

For one session requested donation is 1/3 regular donation.

Individual **\$50 (\$60 at door)** _____

Additional Family **\$25 (\$35 at door)** _____

Teen (13 – 19) **\$15 (\$20 at door)** _____

Youth (5 – 12) **\$5 (\$10 at door)** _____

Buffet Dinner \$32 (not available at the door)

Total Amount Enclosed: _____

(Please make check payable to Missouri Satsang Society)

Mail this form with your donation by February 10 to:

Missouri Satsang Society

P.O. Box 3811

Springfield, MO 65808